

**Programme details and the individual grades/marks/credits obtained:**

<b>Knowledge required for the performance of basic tasks of the professional activity</b>	<b>Corresponding study courses in the study programme “Therapeutic massage”</b>	<b>CP</b>	<b>ECTS</b>
<i>Level of knowledge</i>			
History of massage	Introduction into speciality and professional ethics	1 CP	1,5
Development of different types of massage in promoting health and well-being	Special types of classical massage	4 CP	6
Fundamentals of pedagogy	Fundamentals of pedagogy	1 CP	1,5
Basic concepts of care - person, health, environment, care - their interrelation, teamwork	Environment and health	2 CP	3
Project management	Project development and basics of management	2 CP	3
<i>Level of comprehension</i>			
Personality psychology	Communication psychology and Professional communication	2 CP	3
Fundamentals of business, company organization, planning and management, management issues	Fundamentals of business	2 CP	3
Basic principles of accounting	Legal aspects of records management and professional activity	2 CP	3
Anatomy	Anatomy	2 CP	3
Physiology	Physiology and pathological physiology	1 CP	1,5
General and special pathology	Physiology and pathological physiology	1 CP	1,5
Microbiology and infection control	Basics of microbiology and infection control	1 CP	1,5
Hygiene	Environment and Health	2 CP	3
Etiology, pathogenesis, clinic and principles of treatment of diseases of internal organs and their systems	Internal diseases	1 CP	1,5
Musculoskeletal disorders and diseases	Surgery, Traumatology and Orthopaedics	1 CP	1,5

Disorders and diseases of the cardiovascular and lymphatic systems	Internal diseases	1 CP	1,5
Nervous system disorders and diseases	Neurology	1 CP	1,5
Peculiarities of child development	Physiology of child development and basic pathology	1 CP	1,5
Basic principles of medical rehabilitation	Basics of medical rehabilitation and physiotherapy	2 CP	3
Non-surgical body shape correction, massage in aesthetic medicine	Special types of massage	2 CP	3
Ergonomics	Occupational safety and ergonomics	2 CP	3
Basic principles of hydrotherapy and classical nature healing	Alternative types of massage	1 CP	1,5
Environmental health and physical, chemical and biological factors affecting it, their assessment and opportunities to influence them	Environment and health	1 CP	1,5
Professional terminology in the state language and two foreign languages	Medical terminology in Latin, Medical terminology in English	1 CP 1 CP	1,5 1,5
<i>Level of application</i>			
Communication psychology	Communication psychology and professional communication	2 CP	3
Physical examination of the patient- skin, subcutaneous tissue, connective tissue, musculoskeletal system, posture assessment, human body constitution	Assessment of the patient state of health, Dermatology	1 CP	1,5
		1 CP	1,5
Classical massage indications and contraindications, massage hygiene, materials used	Classical massage	4 CP	6
Effects of classical massage techniques on the musculoskeletal, circulatory, lymphatic, nervous systems	Classical massage	4 CP	6
Basic techniques of classical massage - stroking, rubbing, kneading and vibration	Classical massage	4 CP	6
Classical massage technique in case of the cardiovascular, respiratory, digestive,	Classical massage	4 CP	6

nervous, sensory organs and musculoskeletal system diseases			
Composition and properties of substances used in massage	Classical massage, Alternative types of massage	4 CP 1 CP	6 1,5
Segmental massage technique, indications, contraindications	Special types of massage	9 CP	13,5
Paediatric massage	Paediatric massage	1 CP	1,5
Manual lymphatic drainage	Special types of massage	9 CP	13,5
Sports massage	Special types of massage	9 CP	13,5
Point massage	Special types of massage	9 CP	13,5
Connective tissue massage	Massage in case of various pathologies	9 CP	13,5
Feet massage	Massage in case of various pathologies	9 CP	13,5
Cupping massage	Massage in case of various pathologies	9 CP	13,5
Maternity massage	Special types of massage	9 CP	13,5
Underwater massage, Sharko shower	Massage in case of various pathologies	9 CP	13,5
Massage with various massage devices	Basics of physical medicine	1 CP	1,5
Vital signs assessment	Patient health assessment	1 CP	1,5
Emergency medicine	Emergency medical care and civil protection	2 CP	3
Massage room equipment, tools, their application	Occupational safety and ergonomics	2 CP	3
Principles of documenting the work of a massage therapist	Legal basis of records management and professional activity	2 CP	3
Massage therapist`s occupational safety and physical, chemical and biological factors influencing it, their assessment and possibilities of influence	Occupational safety and Ergonomics	2 CP	3
Basic principles of professional ethics	Introduction into specialty and professional ethics	2 CP	3
Normative documents regulating professional activities	Legal basis of records management and professional activity	2 CP	3
Principles of records management	Legal basis of records management and professional activity	2 CP	3

Information technology	Information literacy	1 CP	1,5
Environment protection	Environment and health	2 CP	3
Employment relationship	Legal basis of records management and professional activity	2 CP	3
Occupational safety	Occupational safety and Ergonomics	2 CP	3